

Our Employee Assistance Program (EAP) helps employees tackle personal and work challenges before they impact wellbeing and productivity. Our services include:

- ✓ Confidential Counseling Support for stress, anxiety, relationships & more.
- ✓ Work-Life Balance Manage workload pressures and personal responsibilities.
- ✓ Conflict & Resolution Training Strengthen workplace relationships and adaptability.
- ✓ Critical Incidence Report Immediate assistance for workplace crises.
- ✓ Manager Training Equip leaders to recognise and support mental health concerns in their teams.
- ✓ Draft EAP Policy Assistance in developing an EAP policy tailored for your workplace needs.

Your Employee Assistance Program is:

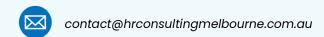


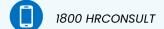
Fast and Flexible Quick support with no delays or lock-

in contracts.

Confidential & Led by Experts Private, professional guidance from licensed psychologists.

Ready to support your team? Let's talk.









Scan the QR Code to visit our support portal.